



# KALEIDOSCOPE

Envisioning a world where individuals with mental health disorders receive optimal care because psychiatric pharmacists are an essential member of the health care team.

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## PRESIDENT'S LETTER: THE SEASON OF GIVING IS NEAR

By Mary Borovicka, PharmD, BCPP  
2024-2025 AAPP Foundation President



Summer has drawn to a close, and you can see and feel that fall is here. The leaves are changing, the air is crisp, and the days are getting shorter. Soon the holidays and the Giving Season will be upon us. The Giving Season, which refers to the last two months of the year, is the time when charitable giving is at its peak. There is a rich history of charitable giving in the U.S. The tax benefit of giving began in 1917 in the U.S. and allows tax filers to deduct qualifying charitable contributions from their U.S. federal taxable income. This benefit has certainly helped to bolster charitable contributions over the years. In fact, the generosity of Americans is seen every year in record-breaking numbers, and in 2023 charitable donations totaled over \$557 billion!

I would like to encourage you to begin your plans for charitable giving at the end of the year, and to please consider the AAPP Foundation as a recipient of your generosity. The Foundation strives to utilize the funds that you so generously give to meet its mission "to advance the psychiatric pharmacy profession by supporting research, scholarship, and practitioner development". Without you, the Foundation is not able to offer important grants and programming that demonstrate the value of psychiatric pharmacists, contributes to leadership development, supports new practitioners, and supports NAMI and other advocacy organizations.

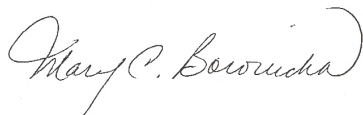
The Foundation supports the following with your support: Defining the Future Grant, Collegiate Chapter Impact Grants, and Student Registration Grants. Defining the Future grants supports student and resident projects that align with the foundation's mission. College Chapter Impact Grants are for student chapters to receive funding for projects that impact patient care, address mental health disparities, creates awareness of the value of psychiatric pharmacists, increase interest in psychiatric pharmacy, and reduce stigma to mental health and substance use disorders. Lastly, Student Registration Grants support pharmacy students to attend the annual meeting. Students are selected based on the merits of their application and recommendations.

Additionally, the foundation supports speakers at the annual meeting. This year, the foundation supported Dr. Julie Cerel, who spoke on the important topic of [Living Through Loss – Navigating Loss by Suicide as a Clinician-Survivor](#) at the annual meeting in Orlando. This was a moving and very well-received presentation.

And finally, your association awarded \$247,352 through the Foundation towards the largest project in the history of the organization – the AAPP Outcomes Grant Award. The project is titled Psychiatric pharmacist management of cardiometabolic risk for adults with serious mental illness in outpatient safety-net mental health clinics in San Francisco. We are looking forward to the results of this study, which is being conducted by Drs. Esti Iturralde, Anne Rosenthal, and Hannah Van Ochten. This significant research project could only be done with membership support.

As we move into the latter months of 2024, please consider contributing to the AAPP Foundation to support the advancement of the psychiatric pharmacy profession. This year's campaign goal is \$75,000 and I am certain we can achieve this goal! Current donations are \$31,763, so we still have a way to go! Thank you in advance for your gift.

Mary Borovicka, PharmD, BCPP



President, AAPP Foundation Board of Directors

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## GRANTS PROVIDE FINANCIAL SUPPORT FOR AAPP 2025 ATTENDANCE

We are thrilled to announce two fantastic grant opportunities to support attendance at the AAPP 2025 Annual Meeting in Salt Lake City, Utah! If you're a practicing psychiatric pharmacist facing financial challenges or a passionate PharmD student interested in a career in psychiatric pharmacy, these grant opportunities are for you.

### Diversity, Equity, and Inclusion (DEI) Grant

*Application available September 16, 2024, through November 7, 2024*

For the first time ever, we are introducing [DEI Grants](#)! Funded by the AAPP Foundation, this grant is designed to support psychiatric pharmacists who are eager to attend the Annual Meeting but face financial challenges.

This grant aims to:

- Assist pharmacists experiencing financial challenges that prevent them from attending the AAPP Annual Meeting.
- Highlight DEI-related initiatives that either contribute to the professional growth of psychiatric pharmacists or enhance patient care for those living with mental illness, including substance use disorders.



## Grant Components

We will award up to two grants, each providing up to \$2500. This amount can be used for Annual Meeting registration, flights, lodging at the host hotel, ground transportation, and a meal stipend. To apply, ensure you submit your application by Thursday, November 7, at 5pm CST. Your application should include a CV, a commitment to AAPP's honor code and code of conduct, and an essay.

### DEI Grant Application Portal

<https://aapp.org/ed/meeting/2025/apply-grants>

## Student Registration Grants

*Application available September 2024 - January 23, 2025*

We know how crucial it is to nurture the next generation of psychiatric pharmacists. That's why the AAPP Foundation is once again offering Student Registration Grants to foster interest and learning among students by supporting their attendance at the Annual Meeting. Applications for these grants will be accepted from mid-September 2024 through mid-January 2025.

### Requirements

To be eligible, applicants must be students in a PharmD program and apply by the January 23, 2025. Applications must include a CV, a personal essay, and a letter of recommendation.

These grants are a fantastic way for students to make connections with practicing psychiatric pharmacists and RPDs!

### Student Registration Grant

<https://aapp.org/ed/meeting/2025/student/apply>

**We can't wait to  
see you at  
AAPP 2025 in  
Salt Lake City!**



## HELP US REACH OUR \$75,000 GOAL IN 2024

Our 2024 annual campaign has officially started, and we have a big goal of raising \$75,000! In 2024, the AAPP Foundation took a leap forward and now, donors have new way to make a profound impact: recurring donations!

Annual and recurring donations can have a tremendous impact! Smaller amounts add up quickly and can significantly impact the Foundations ability to plan and support research, scholarship, and practitioner development initiatives. Think about a Foundation initiative that you are passionate about and go from there. Here are a few examples:



- \$500/month = Seed money for the next Outcomes Grant dedicated to funding quality research that supports the integration of psychiatric pharmacists into mental health care teams
- \$262.50/month = One Mental Health First Aid Course (30 participants, 2 instructors)
- \$125/month = One Defining the Future Grant
- \$41.67/month = One Research and Practice Award
- \$24.17/month = One Student Registration Grant

Make a lasting difference for the profession and the community by setting up your recurring gift today! The convenience of recurring donations comes with a small cost of 3% per credit card transaction. If you are so moved to cover this financial expense, we would greatly appreciate it!

[Donate Now!](https://my.aapp.org/donate)

<https://my.aapp.org/donate>

### Steps to Set Up a Recurring Donation

It's easy! Just follow these simple steps:

1. [Start here \(https://my.aapp.org/donate\)](https://my.aapp.org/donate)
2. Click "Count Me In" under AAPP Foundation Donation (Monthly)
3. If not already logged in, log in or create an account
4. Select your donation amount
5. Ensure "Monthly" is highlighted under Donation Frequency
6. Complete all remaining order details, including payment information
7. Checkout!

### Thank You for Your Support!

We hope this new gift-giving option sparks excitement for AAPP Foundation initiatives. Thank you to all of our past and future donors! Your generosity makes a difference for the profession and, ultimately, the patients psychiatric pharmacists serve. Thank you, donors!

## MENTAL HEALTH FIRST AID TO BE OFFERED NOVEMBER 4TH AND 6TH

The AAPP Foundation is proud to once again sponsor Mental Health First Aid! Two courses will be offered, Nov. 4 and 6 in the blended format: 2 hours of home-study coursework and 6 hours of virtual instruction with a certified instructor in a Zoom classroom.

### Participants will Learn:

- Risk factors and warning signs of mental health problems.
- Information on depression, anxiety, trauma, psychosis, and addiction disorders.
- A 5-step action plan to help someone developing a mental health problem or in crisis.
- Where to turn for help — professional, peer, and self-help resources.



Mental Health First Aid is a nationally-offered course that teaches participants how to identify, understand, and respond to signs of mental illnesses and substance use disorders. The United States is just one of the many countries that have adopted the program. According to [MentalHealthFirstAid.org](https://www.mentalhealthfirstaid.org), nearly 3.8 million people across the United States have been trained in Mental Health First Aid by over 15,000 instructors.

Following the training, participants will receive a certificate from Mental Health First Aid USA acknowledging certification which is valid for 3 years. We're proud to be offering this training once again! Will you consider a [donation](#) to support future MHFA trainings?

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## EXITING BOARD MEMBERS COMBINE FOR 26 YEARS OF SERVICE TO THE AAPP FOUNDATION

The AAPP Foundation [Board of Directors](#) works to advance the Foundation's mission by overseeing operations and initiative execution, including *Defining the Future* Research Grants, Collegiate Chapter Impact Grants, fundraising, and support at the AAPP Annual Meeting.

Board members Chris Thomas, Monica Mathys, Paul Price, and Steve Stoner will be ending their terms on the AAPP Foundation Board at the close of 2024. Along with the other members of the Board, we thank them for their service and dedication to the AAPP Foundation and celebrate their combined 26 years of service to the AAPP Foundation Board of Directors.

At the conclusion of 2024, Chris Thomas will have served a total of eight years on the Foundation Board of Directors, including a term as President. Monica Mathys and Paul Price will each end 6-years of service as members at large, and Steve Stoner ends 6 years of service, 3 of which were served as Treasurer.

A sincere thank you to each of you for your service and commitment to the psychiatric pharmacy profession through your service on the AAPP Foundation Board.

***Thank you for your service to the AAPP Foundation!***



**Christopher Thomas, PharmD, BCPS, BCPP**  
Past President  
Clinical Pharmacist in Psychiatry  
Chillicothe VAMC  
Chillicothe, OH



**Monica Mathys, PharmD, BCPP**  
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Texas Tech Health Sciences  
Dallas, TX



**Paul L. Price, PharmD, BCPP**  
Senior Associate Dean; Associate Professor of Pharmacy Practice; Clinical Pharmacy  
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Creighton University School of Pharmacy and Health Professions  
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**Steven C. Stoner, PharmD, BCPP**  
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