



KALEIDOSCOPE

Envisioning a world where individuals with mental health disorders receive optimal care because psychiatric pharmacists are an essential member of the health care team.

FEBRUARY 2024: A Newsletter of the AAPP Foundation

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PRESIDENT'S LETTER: CHARTING THE COURSE FOR 2024

By Mary Borovicka, PharmD, BCPP, AAPP Foundation President



It is early in 2024, and the AAPP Foundation Board has already been hard at work! In January, we welcomed two new members of the AAPP Foundation Board of Directors, Drs. Clayton English and Phillip Lai. We look forward to their leadership on the Board!

The Board has been working on several initiatives for this year. Once again, your generous support of the Foundation has allowed the board to support several wonderful initiatives that will allow us to continue our mission, which is to advance the psychiatric pharmacy profession by supporting research, scholarship, and practitioner development. The Foundation Board of Directors has awarded a total of \$4,465 to 19 PharmD students from 16 colleges of pharmacy registration grants to attend the AAPP 2024 Annual Meeting in Orlando, Florida. Applicants were required to submit a personal essay expressing their interest in AAPP and psychiatric pharmacy. The Board also continues to support the Strategic Goals Award (\$500). Two finalists were selected, and the winner will be announced at the annual meeting following the judging of platform presentations. The Foundation will continue to support Collegiate Chapter Impact Grants and Defining the Future Grants in 2024 along with four virtual Mental Health First Aid courses.

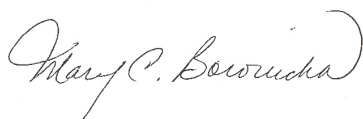
The AAPP Foundation's theme for this year's Annual Meeting is "wellbeing" and will feature some special events. First, the Foundation is sponsoring a Creativity Room! Take a "brain break" and have some fun making friendship bracelets and keychains throughout the week. Attendees who make a \$25+ donation to the AAPP Foundation during the AAPP Annual Meeting will get an exclusive set of mental health beads and charms to use in their bracelets and keychains. Next, the AAPP Foundation is sponsoring a ¼ mile unity walk on Wednesday, April 10th, and we hope you will join us. Plan to wear your favorite mental health-themed t-shirt and make a sign to carry in the Creativity Room. Grab your friends and take a photo at the AAPP Foundation-sponsored photo booth! Finally, the Foundation is sponsoring a session, *Living Through Loss - Navigating Loss by Suicide as a Clinician-Survivor*, in memory of Kim Tallian who passed away in January 2023, utilizing part of her estate bequest. We hope you will join us and prioritize your wellbeing in Orlando, April 7-10.



Lastly for 2024, AAPP has committed up to \$500,000 to the AAPP Foundation to establish the AAPP Outcomes Initiative Grant, which will fund up to 2 projects at \$250,000 maximum each. The pre-application process is complete, and announcements will be made soon!

As always, please feel free to contact me at mborovicka@metrohealth.org with any questions or concerns regarding the AAPP Foundation or our initiatives. We look forward to another productive year serving psychiatric pharmacists and advancing their reach and practice.

Mary Borovicka, PharmD, BCPP



President, AAPP Foundation Board of Directors

RECURRING DONATIONS NOW ACCEPTED! MAKE AN IMPACT EACH MONTH

The AAPP Foundation system has been upgraded, and we can now accept recurring donations! This change will allow anyone to include donations in their monthly budgets without lifting a finger.

Follow these easy steps to set up a recurring donation:

1. [Start here](#)
2. Click "Count Me In" under *AAPP Foundation Donation (Monthly)*
3. If not already logged in, log in or create an account
4. Select your donation amount
5. Ensure "Monthly" is highlighted under *Donation Frequency*
6. Complete all remaining order details, including payment information
7. Checkout!

Recurring donations can have a tremendous impact! Smaller amounts add up quickly and can significantly impact the support that the Foundation can provide for research, scholarship, and practitioner development. Think about a Foundation initiative that you are passionate about and going from there. Here are a few examples:

- \$2390 = (1) Mental Health First Aid Course (30 participants, 2 instructors) @ **\$199.17/month**
- \$1500 = (1) Defining the Future Grant @ **\$125/month**
- \$500 = (1) Strategic Goals Award @ **\$41.67/month**
- \$235 = (1) Student Registration Grant @ **\$19.59/month**

The convenience of recurring donations comes with a small cost of 3% per credit card transaction. If you are so moved to cover this financial expense, we would greatly appreciate it! We hope this new gift-giving option sparks excitement for AAPP Foundation initiatives. Thank you to all of our past and future donors!

MENTAL HEALTH FIRST AID TO BE OFFERED JUNE 4 AND 6: REGISTER TODAY!

The AAPP Foundation is proud to once again sponsor Mental Health First Aid! Two courses will be offered, June 4 and 6, and up to 60 individuals may participate. The blended course involves 2 hours of home-study coursework and 6 hours of virtual instruction with a certified instructor in a Zoom classroom.



Participants will Learn:

- Risk factors and warning signs of mental health problems.
- Information on depression, anxiety, trauma, psychosis, and addiction disorders.
- A 5-step action plan to help someone developing a mental health problem or in crisis.
- Where to turn for help — professional, peer, and self-help resources.

[Learn more and save your seat today!](#)

[Mental Health First Aid](#) is a nationally-offered course that teaches participants how to identify, understand, and respond to signs of mental illnesses and substance use disorders. The United States is just one of the many countries that have adopted the program. According to [MentalHealthFirstAid.org](#), nearly 3.8 million people across the United States have been trained in Mental Health First Aid by over 15,000 instructors.

Following the training, participants will receive a certificate from Mental Health First Aid USA acknowledging certification which is valid for 3 years.

WELLBEING-THEMED ACTIVITIES AT AAPP 2024 - ALL ARE WELCOME!

The AAPP Foundation Board of Directors is looking forward to the 2024 AAPP Annual Meeting! Our booth will be in the Rotunda near the registration desk. Members of the Foundation Board will be present at various times throughout the event to answer your questions about donations, bequests, grant programs, and more! Please join us for various Foundation-supported and wellbeing-themed activities.

Get Your Creative Juices Flowing in the Creativity Room

Take a "brain break" and have some fun making friendship bracelets and keychains throughout the week in the Creativity Room (Royal Melbourne). In-person attendees who make a \$25+ donation to the AAPP Foundation during the AAPP Annual Meeting can show their receipt at the Foundation Booth for an exclusive set of mental health beads and charms to use in their bracelets and keychains. *While supplies last!*

Say Cheese at the Foundation-sponsored Photo Booth

The Foundation is sponsoring a photo booth and props throughout AAPP 2024! Grab your friends and capture memories of your AAPP Annual Meeting attendance.

Stand Together During the Mental Health Unity Walk

Join us by the Fountain Wednesday, April 10 at 6:30 AM for a ¼ mile unity walk. Plan to wear your favorite mental health-themed t-shirt and make a sign to carry in the Creativity Room. Let's stand together for mental health!

Hear Foundation Updates at the AAPP Forum On Our Future

The AAPP Forum On Our Future will feature numerous reports and updates from AAPP and the Foundation. Join us to hear about our plans for 2024 and beyond!

Help our Student and Resident Grantees Feel at Home

The Foundation is pleased to support student attendance at the AAPP 2024 Annual Meeting. Please take time to say hello to these attendees and welcome them to our wonderful community. Some may be attending their first AAPP event so we appreciate you making them feel at home!

We wish you safe travels to Orlando, Florida!

KIM TALLIAN BEQUEST PROVIDES SUPPORT TO AAPP 2024

The estate bequest made by long-time AAPP member Kim Tallian, PharmD, BCPP, FASHP, FCCP, FCSHP, APH will be partially applied to a session sponsorship at the upcoming 2024 AAPP Annual Meeting titled, [Living Through Loss - Navigating Loss by Suicide as a Clinician-Survivor](#), presented by Dr. Julie Cerel. Dr. Tallian was a passionate psychiatric pharmacist and advocate for the profession, students, residents and patients, Dr. Tallian passed away in January 2023 after a 3-year battle with cancer.

Kim was an Advanced Practice Specialist in Psychiatry at Scripps Mercy Hospital (SMH) and PGY-2 Psychiatric Pharmacy Residency Program Director. Prior to SMH, she was a psychiatric pharmacist at UC San Diego Health and also served on the UC San Diego Pharmacy Team as a leader of medication safety. Dr. Tallian was committed to AAPP as a long-time, consistent member. She was a speaker for AAPP as well as a long-time author of the Neurologic Disorders chapter of the Psychiatric Pharmacotherapy Review Course. She served as a member of the Government Affairs Committee and as co-author of an AAPP supported journal article (pending publication) entitled *Social Determinants of Health in People Living with Psychiatric Disorders: The Role of Pharmacists*. Dr. Tallian was also a friend of the AAPP Foundation supporting initiatives as a Neuron level donor.



Kim gave so much of herself in her lifetime and continues to give to AAPP and the Foundation in the form of this bequest. Please plan to attend the session, [Living Through Loss - Navigating Loss by Suicide as a Clinician-Survivor](#), on Tuesday, April 9 at 10:00 AM Eastern during [AAPP 2024](#).

AAPP FOUNDATION AWARDS STUDENT REGISTRATION GRANTS TO AAPP 2024

Thanks to the generous support of the AAPP Foundation, AAPP Past Presidents' Destiny Fund, and AAPP members, 19 PharmD students from 16 different colleges of pharmacy have been awarded \$235 registration grants to attend [AAPP 2024](#) in Orlando, Florida! Recipients were highly recommended and selected based on the merits of their applications.

Congratulations to the following recipients:

- Juliana Freisen, University of Southern California
- Taylor Garrett, North Dakota State University
- McKenna Geesey, Belmont University
- Cameron Hallisey, University of Southern California
- Meghan Hammond, University of Georgia
- Ansley Hayes, University of Mississippi
- Anna Krienert, Southern Illinois University Edwardsville
- Vivian Liang, Lake Erie College of Osteopathic Medicine
- Nicholas Meyers, University of Arizona
- Nilhari Miranda Merced, Massachusetts College of Pharmacy and Health Sciences University
- David Novak, Southern Illinois University Edwardsville
- Soriene Ozcan, Medical College of Wisconsin
- Abby Shields, East Tennessee State University
- Vileen Singh, Rutgers University
- Lindsay Solano, University of Florida
- Rachel Sturdevant, University of Missouri-Kansas City
- Taylor Ward, University of Georgia
- Katelin Warner, University of Minnesota
- Nicole Zachwieja, Southern Illinois University Edwardsville



AAPP 2024 has numerous opportunities for students, including a student education track, a mentoring opportunity, a research trainee poster session, networking, and more! Learn more at aapp.org/2024. AAPP Foundation supporters are encouraged to [donate](#) to keep this important grant program going! To ensure the donation is designated for this purpose, please add "student grants" in the order comment box.

[Download the PDF Press Release](#)

2023 DONORS HELP THE FOUNDATION REACH NEW HEIGHTS

In 2023, 130 donors helped the AAPP Foundation reach a record high donation total of \$74,990! At just \$10 shy of the \$75,000 goal, the AAPP Foundation Board of Directors is incredibly thankful for every single supporter that donated in 2023. Contributed funds assist with the Foundation's core initiatives, including [student grants](#) to attend the AAPP Annual Meeting, [Defining the Future](#) research grants, and [Collegiate Chapter Impact Grants](#). These activities bring the Foundation one step closer to our mission to advance the psychiatric pharmacy profession by supporting research, scholarship, and practitioner development.

Thank you again to everyone who helped us monetarily and by sharing our initiatives with others. Your support is very much appreciated, and we hope that you will continue to support us in 2024 and beyond.

2023 Donors

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