



# KALEIDOSCOPE

Envisioning a world where individuals with mental health disorders receive optimal care because psychiatric pharmacists are an essential member of the health care team.

OCTOBER 2023: A Newsletter of the AAPP Foundation

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## PRESIDENT'S LETTER: GO BIG OR GO HOME: EVALUATING THE IMPACT OF PSYCHIATRIC PHARMACISTS

*Chris Thomas, AAPP Foundation President*



### **Go big or go home**

an exhortation to go all-out to put all of one's effort into an enterprise to experience something to its fullest to be extravagant. a philosophy that encourages one to be bold.

Our parent organization is going big, investing in an aggressive 2+ year, multi-step, multi-faceted AAPP Outcomes Initiative intended to generate strong research outcomes attributable to psychiatric pharmacists. The major phases of the initiative are summarized in the graphic below.



Thanks to the work of numerous task forces within AAPP, important resources and tools have been created to aid in making the research more generalizable and useful. You can find most of those new resources in the "practice" menu on the AAPP web site.

# \$500,000

All of this work has led AAPP and the Foundation to their "**Go Big or Go Home**" moment--the launch of the Outcomes Initiative 2024 Grant

Program. AAPP has pledged up to \$500,000 to the AAPP Foundation to directly support up to two multi-site studies with the goal to generate high-quality large sample size (n) data sets that evaluate the impact of integrating psychiatric pharmacists into team-based mental health care in studies with multiple research sites and investigators.

The Outcomes Grant Initiative is in its early stages with the preliminary application window closing only a couple weeks ago. Finalists will be announced in January, and the winners will be announced at AAPP 2024.



Though the grant awards themselves will be funded by AAPP, we need your support to fund the Foundation's administration of these grants. Staff support, legal fees, and more will be required to effectively administer these significant grants.

[Donate Now](#)

In 2024, your association and the AAPP Foundation are taking a really big swing in supporting the advancement of the psychiatric pharmacy profession. We ask you to support this effort with your year-end donations as we seek to raise \$75,000 by the end of 2023. I thank you in advance for your gift as we all work together to advance our profession.

Finally, I wanted to thank the AAPP membership and the Foundation for supporting me in my service as Foundation President. It has truly been an honor. Starting on January 1, 2024 the Foundation will continue to be in great hands as Dr. Mary Borovicka transitions to the Foundation President. Please support her in this role as you have done for me.



Chris Thomas, PharmD, BCPS, BCPP

## INCOMING PRESIDENT BOROVICKA DRIVEN BY FOUNDATION'S ROLE IN PSYCHIATRIC PHARMACIST DEVELOPMENT

### About Me

Hello! My name is Mary Borovicka, and I am delighted to serve as the next AAPP Foundation President. I have been in psychiatric pharmacy for 27 years and a licensed pharmacist for 33 years. I earned my Bachelor of Science and Doctor of Pharmacy at the University of Toledo College of Pharmacy and Pharmaceutical Sciences and completed a psychiatric pharmacy practice residency at the Louis Stokes Cleveland VA Medical Center. I began my career on the faculty at the University of Maryland School of Pharmacy and then moved on to the University of Toledo College of Pharmacy and Pharmaceutical Sciences where I was on the faculty for 20 years. Three years ago, I had the opportunity to join MetroHealth in Cleveland, Ohio as they planned to open a new behavioral health hospital. After much planning and preparation, the brand new MetroHealth Behavioral Health Hospital (BHH) opened last fall! This facility was greatly needed in a region where the numbers of psychiatric inpatient beds has decreased. I oversee all aspects of inpatient and outpatient pharmacy services for the BHH. In addition, MetroHealth now provides all healthcare services for the Cuyahoga County Corrections Center, and that includes pharmacy services, too. It has definitely been a challenging time to open a new hospital in this era of serious healthcare staff shortages.



## My Involvement in AAPP and the Foundation

I have been involved in AAPP throughout my career in psychiatric pharmacy, and it has provided me endless opportunities for learning, growing, and networking with my colleagues. I have made lifelong friends through AAPP! I chose to join and become involved in AAPP because continuous learning is important to me, and AAPP provided me the opportunity to continue to advance my knowledge and expertise so that I could provide the best care for my patients.

## My Why

I am serving the Foundation in order to help AAPP continue to do what it does so very well – helping psychiatric pharmacists advance their reach and practice. As the philanthropic arm of AAPP, the Foundation is in a unique position to assist the parent organization by financially supporting these endeavors, through research, scholarship, and new practitioner development. But doing that work is costly, and I am hopeful that together we will continue to financially support the AAPP projects. As President-Elect of AAPP, I hope to continue to shed light on the importance of the foundation in securing the future of psychiatric pharmacist development. We, and our patients, benefit when students and residents are able to develop into psychiatric pharmacists to continue the work of caring for the vulnerable populations we serve.

## Why You Should Care About AAPP Foundation

AAPP members should care about the foundation because it can finance the initiatives that showcase all the great work psychiatric pharmacists are doing and it supports students, residents, and new practitioners as they begin their careers. To continue to do this work, the foundation needs your financial support. As we enter into the Giving Season, I ask that you please remember the AAPP Foundation as you are considering organizations you would like to support.

## What is on the Horizon for the Foundation

I am most excited about the upcoming [Outcomes Initiative](#) research project! With this project, AAPP and the Foundation will have data to show what we already know, that psychiatric pharmacists have a significant impact on patient outcomes. I am also looking forward to seeing all the projects that our students, residents, and student chapters bring to the Annual Meeting in 2024 as part of the Defining the Future Research Grants and the Student Chapter Impact Grant projects.

In addition to multiple grant offerings, we are currently fundraising to support continued [student grants for the AAPP 2024 Annual Meeting](#) in Orlando, Florida. Students are incredibly grateful for the support of these grants which provide them with a look into a future as psychiatric pharmacists.

In the future, I would like to see psychiatric pharmacists imbedded in greater numbers in inpatient and outpatient psychiatric and SUD settings, as well as more integration in other practice areas, like family medicine and other non-psychiatric settings. The work of AAPP and AAPP Foundation is intended to help us get there!

We encourage you to [give today](#) to continue to support the future of the profession, especially as we kick-off our Annual Giving campaign. Donating and sharing our messages with other supporters all make a difference. The Foundation is supporting more high-level initiatives than ever before, and we appreciate your continued support to do so.

## 2023 DEFINING THE FUTURE GRANT RECIPIENTS ANNOUNCED

The AAPP Foundation is pleased to announce two recipients of the eighth annual ***Defining the Future* Research Grant Awards**:

- **Andrew Chantha Hean, PharmD**, PGY2 Psychiatric Pharmacy Resident, UC San Diego Health: "Evaluation of pharmacy resident burnout and career satisfaction based on residency staffing model"
- **Paige Dorve-Lewis, PharmD**, PGY-2 Psychiatric Pharmacy Resident, UPMC Western Psychiatric Hospital: "Overdose Prevention Strategies in High-Risk Youth Populations; Impact of Pharmacist Intervention and Interprofessional Collaboration"



A requirement of the [Defining the Future grant program](#) is that the research project must mirror the [mission and vision](#) of the AAPP Foundation. Applications go through a thorough evaluation process, and the selection committee is excited to see the results of these projects.

The AAPP Foundation was encouraged by the submissions from students, residents, and fellows who are working to improve the lives of people living with mental disorders and their caregivers. Thank you to each applicant for carrying out this important research.

**Defining the Future Research Grants** are awarded annually. Applications are due in late summer, and recipients are announced in October. Pharmacy students, residents, and fellows are eligible to apply. Now is the time to start thinking about your research project and planning to apply during the 2024 grant cycle. Additional information will be posted online at [aappf.org/grants/df](http://aappf.org/grants/df) when it becomes available.

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## MENTAL HEALTH FIRST AID TO BE OFFERED NOV. 27 AND 29

The AAPP Foundation is proud to once again provide financial support to attend Mental Health First Aid! Two courses will be offered, November 27 and 29, and up to 60 individuals may participate. The blended course involves 2 hours of home-study coursework and 6 hours of virtual instruction with a certified instructor in a Zoom classroom.



[Learn more and save your seat today!](#)

[Mental Health First Aid](#) is a nationally-offered course that teaches participants how to identify, understand, and respond to signs of mental illnesses and substance use disorders. The United States is just one of the many countries that have adopted the program. According to [MentalHealthFirstAid.org](http://MentalHealthFirstAid.org), over 1.6 million people across the United States have been trained in Mental Health First Aid by over 15,000 instructors.

Following the training, participants will receive a certificate from Mental Health First Aid USA acknowledging certification which is valid for 3 years.

## DONOR FEATURE: MATTHEW FULLER, MEMBER OF THE LEGACY PARTNER'S SOCIETY

This month, we are pleased to highlight one of the newest members of the [Legacy Partner's Society](#), Matthew Fuller, PharmD, FASHP, BCPP! Dr. Fuller is part of the AAPP Founding Circle, a group that came together to provide the initial funds to launch the AAPP Foundation, and we were thrilled to include him in this exclusive group.

As a founding member and past president of the Foundation, Dr. Fuller feels that giving back and paying it forward are responsibilities we all have.

"I have been able to learn from and collaborate with leaders in the field, culminating in lifelong relationships. It is important that we support entities that we believe in. It's the right thing to do."

Dr. Fuller supports the Foundation's mission and is most excited about research grants and getting students engaged in mental health. He said, "In 10 years, I envision groundbreaking research showing the significant, positive, and meaningful impact of psychiatric pharmacists improving the lives of individuals with mental disorders."

The AAPP Foundation proudly offers grant programs and initiatives to support research, scholarship, and practitioner development. Supporters like Dr. Fuller help us work toward our mission, and we are incredibly appreciative of his support.



## AAPP FOUNDATION AWARDS 2023 COLLEGIATE CHAPTER IMPACT GRANT AWARDS

The AAPP Foundation is pleased to announce the recipients of the third annual **Collegiate Chapter Impact Grant Awards**. After a thorough evaluation process, the grant committee selected two chapters to receive funding. The collegiate chapter award recipients are as follows (in alphabetical order):

- **Rutgers University AAPP Collegiate Chapter, Project Leader: Elise Hreha:** Analyzing the Mental Health of Pharmacy Students Before and After the Use of a Relaxation Room
- **The East Tennessee State University AAPP Collegiate Chapter, Project Leader: Colton Jones:** Unveiling Stigma in Healthcare: An Exploration of Student Pharmacists', Nurses' and Physicians' Attitudes Towards Mental Illness



AAPP Collegiate Chapters are having a substantial impact on their peers, institutions, and communities. The AAPP Foundation is impressed and encouraged by the submissions from student chapters and applauds all students and chapter advisors who are working to make a difference in their communities.

Award recipients will present posters at the AAPP 2024 Annual Meeting in Orlando, Florida, April 7-10, 2024. Additionally, chapter representatives will give presentations during the Collegiate Chapter Meeting on Sunday, April 7 with recordings ultimately living on the AAPP website.

A requirement of the [Collegiate Chapter Impact Grant program](#) is that the project should address one or more of the following goals: impact patient care, address mental health disparities, create awareness of psychiatric

pharmacists and their value and contributions as members of the interprofessional treatment team, expand interest in psychiatric pharmacy as a career, and/or reduce the stigma related to mental health and substance use disorders. The AAPP Foundation anticipates offering this program again in 2024 with applications due September. Additional information will be posted online at [aappf.org/grants/studentchapterimpact](https://aappf.org/grants/studentchapterimpact) when available.