



KALEIDOSCOPE

Envisioning a world in which individuals with psychiatric and neurologic disorders receive optimal treatment, live free of stigma, and achieve their full potential

NOVEMBER 2021: A Newsletter of the CPNP Foundation

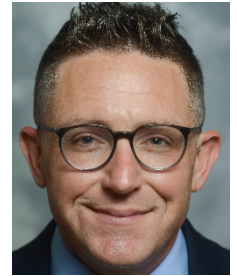
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LOOKING AHEAD TO THE NEXT DECADE OF CPNP FOUNDATION

J. Michael McGuire, CPNP Foundation President



As we enter this season of gratitude and thanks, I want to take a moment to express my gratitude to all of you, my colleagues, peers, and donors of the CPNP Foundation. My term as CPNP Foundation Board president is coming to a close at the end of 2021, and I could not be more proud of what has been accomplished in the past two years. We have set our strategic direction, realigning the CPNP Foundation with our parent organization. We have streamlined our goals, priorities, and our efforts to make as big of an impact that we can for our patients and the psychiatric pharmacy profession. I am excited for the future and to see all of the amazing things that the Foundation accomplishes. With such an amazing group of supporters, I know the Foundation will be in good hands with our incoming Foundation Board president, Chris Thomas, PharmD, BCPP.

I would also like to recognize two outgoing Foundation Board members, Carol Ott and Elayne Ansara, who have both provided incredible servant leadership during their time with the Board. Carol and Elayne, thank you for your time, your efforts, and your generosity! You are appreciated, and the work that you have done will have impact for years to come.

To my colleagues in CPNP, will you join me in one last request? Will you please consider a donation to the CPNP Foundation for our year-end campaign? We have big goals for 2022 and beyond, and we need your support now more than ever. The initiatives we have planned will not be successful without you. From leadership development to resident support to growing research and student registration grants, your donation will be directly supporting psychiatric pharmacy and the future of mental health care. Like every organization, COVID-19 paused our fundraising efforts. We are now ramping up and would really appreciate your support.

Please consider a donation today to help us reach and exceed our 2021 year-end goal of \$50,000. It has been a privilege to serve you in this role, and I look forward to serving as past-president next year. May your Thanksgiving and holiday season be filled with joy and good health.



10 YEARS, 10 REASONS TO GIVE: HELP US REACH OUR \$50,000 GOAL!

This year, the CPNP Foundation celebrates 10 years of existence, from 2011 to 2021. Over the past 10 years, we have shined light on mental illness, supported research, championed stigma reduction, awarded over 50 research grants, and funded hundreds of registration/travel grants. New in 2021 were leadership development initiatives and student chapter impact grants to support the next generation of health care leaders! Read [10 ways](#) that your gifts to the CPNP Foundation are supporting psychiatric pharmacy and [donate today](#) to help us reach our [year-end goal](#).

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The CPNP Foundation is:

1. Increasing Awareness of Psychiatric Pharmacy
2. Impacting Local Communities
3. Growing the Profession of Psychiatric Pharmacy
4. Engaging Students in Psychiatric Pharmacy
5. Combatting Stigma
6. Supporting Patients
7. Cultivating Leaders
8. Promoting Networking and Collaboration
9. Advancing Practitioner Development
10. Advancing Diversity, Equity, and Inclusion (DEI)



See more about our initiatives at cpnpf.org/10years.

CPNP Foundation's mantra for the next decade is MORE...more research, more education, and more professional development. Whether it is a little or a lot, we ask that you support this important work. Please consider a donation today to help us achieve our goal of raising \$50,000 in 2021 to round out 10 amazing years. [Give online](#) or mail donations directly to the CPNP Foundation at 8055 O Street, Ste. S113, Lincoln, NE 68510. We are extremely thankful for your continued support and we look forward to doing even more with you at our side.



#1 holiday hack:

When you buy your gifts at smile.amazon.com, Amazon donates.

amazonsmile



CPNP 2022 STUDENT GRANTS CONTINUE: APPLICATIONS DUE JANUARY 12

The CPNP Foundation is proud to announce the continued funding of student registration grants to CPNP's Annual Meeting. Thanks to CPNP Foundation donors, up to 25 students will receive complimentary in-person registration grants to attend the 2022 CPNP Annual Meeting in San Antonio, Texas, April 24-27! The [online application portal](#) is open, and all applications are due January 12, 2021. To be eligible, a student applicant must be a full-time pharmacy student in pursuit of her/his first professional pharmacy degree, a paid student member of CPNP in good standing, they must not have previously received this grant, and they must be able to attend CPNP 2022 in person in San Antonio, Texas. View the full list of [grant criteria](#).

The CPNP Student Committee will facilitate the grant selection process after the application deadline, and notifications will be sent by February 14, 2022. Each student recipient will receive a full in-person student registration to the [2022 CPNP Annual Meeting](#) - a \$225 value! These grants are possible because of the generous support of [CPNP members and the CPNP Past Presidents' Destiny Fund](#), which specifically supports student registration grants.

FIRST EVER STUDENT CHAPTER IMPACT GRANTS AWARDED

The CPNP Foundation is pleased to announce the selection of three CPNP Student Chapters for the first ever Student Chapter Impact Grant Awards! The Foundation Board is pleased to support significant community projects being implemented by three CPNP Student Chapters. Thank you to all of the chapters who applied and congratulations to the selected schools!



The following projects were selected to receive grants:

Project: Access to Inclusive & Culturally Competent Mental Healthcare in Pharmacy Students & Residents
Student Chapter: University of North Carolina (UNC)
Grant Amount: \$4,000

Project: Assessment of college students' attitudes and knowledge on opioid overdose and naloxone education and evaluating the effectiveness of a new naloxone distribution program (NaloxoneSC) at the University of Southern California
Student Chapter: University of Southern California (USC)
Grant Amount: \$1,000

Project: Improving Student Access to Counseling and Psychological Services (CAPS)
Student Chapter: Purdue University
Grant Amount: \$1,000

Grant recipients were also awarded \$500 each toward registration and travel to the 2022 College of Psychiatric and Neurologic Pharmacists (CPNP) Annual Meeting in San Antonio, Texas, where the projects will be featured at the CPNP Foundation booth and during the Student Chapter meeting on Sunday, April 24, 2022. Project results will be posted online at cpnpf.org/grants/studentchapterimpact when they become available.

2021 DEFINING THE FUTURE GRANT RECIPIENTS ANNOUNCED

The CPNP Foundation is pleased to announce the recipients of the sixth annual ***Defining the Future Research Grant Awards***. The CPNP Foundation was encouraged by all of the submissions from students, residents, and fellows who are working to improve the lives of people living with mental disorders and their caregivers. Thank you to everyone who applied and is doing this important research!

A requirement of the ***Defining the Future*** grant program is that the research project must mirror the mission and vision of the CPNP Foundation. After a thorough evaluation process, the grant selection team chose four projects to receive grant funding. The award recipients are as follows (in alphabetical order):



- **Kathryn Collins, PharmD, MSPH, PGY2 Psychiatric Pharmacy Practice Resident, Los Angeles County+USC Medical Center:** *"Improving Documentation and Patient Education on Psychotropic Drug-Drug Interactions"*
- **Logan Smith, Pharmacy Student, University of Georgia College of Pharmacy:** *"Prevalence of Impostor Phenomenon Among Graduate Students in Pharmacy and Counseling Psychology"*
- **Casey M. Tiefenthaler, PharmD, PGY2 Psychiatric Pharmacy Resident, UC San Diego Health:** *"Antidepressant Prescribing Patterns in Transgender Individuals Diagnosed with Gender Dysphoria and Mood or Anxiety Disorders"*
- **Kira Voyer, PharmD, PGY1 Pharmacy Practice Resident, Denver Health Medical Center, Denver Health Medical Center:** *"Effects of a Mindfulness Intervention on Burnout of Pharmacists in a Safety Net Health Care System"*

Defining the Future Research Grants are awarded annually. Applications are due late summer, and recipients are announced in October. Pharmacy students, residents, and fellows are eligible to apply. Now is the time to start thinking about your research project and planning to apply during the 2022 grant cycle. Additional information will be posted online at cpnpf.org/grants/dtf when it becomes available.

SUPPORT THE CPNP FOUNDATION DURING HOLIDAY SHOPPING WITH AMAZONSMILE

The holidays are almost here, and you're probably already shopping! As you shop the sales on Amazon, consider first going to smile.amazon.com and setting the CPNP Foundation as your preferred nonprofit. You'll find the exact same shopping experience as Amazon.com with the added bonus that Amazon Smile will donate a portion of your purchases to the CPNP Foundation.

AmazonSmile is a simple and automatic way for you to support your CPNP Foundation every time you shop, at no cost to you. After you select the CPNP Foundation on smile.amazon.com, Amazon will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

As you cross items off your holiday list, support the CPNP Foundation at the same time. Thank you for your continued support!