



KALEIDOSCOPE

Envisioning a world in which individuals with psychiatric and neurologic disorders receive optimal treatment, live free of stigma, and achieve their full potential

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GROWING THE NEXT GENERATION OF PSYCHIATRIC PHARMACISTS

Cynthia Kirkwood, PharmD, BCPP, CPNP



*Cynthia Kirkwood,
CPNP Foundation
President*

I want to extend a heartfelt thank you to everyone who supported the CPNP Foundation in 2017. With your generous contributions, the goal of \$40,000 was surpassed by \$21,865. All I can say is that you all are awesome!

Over the past year, I have been with sick family members during hospitalizations on several occasions. I can attest that disjointed care prevails. After a tense conversation with a consultant during the last visit, I finally asked to speak with the pharmacist. Not surprisingly, the pharmacist happened to be a former student who listened to our medication concerns, took a thorough history, pulled up and explained lab results, and developed a plan of action to present to the physician. To me, this pharmacist was a shining star amidst the bevy of healthcare professionals caring for my relative. I reflected on the mentoring that this graduate had during their pharmacy training and residency. It reinforced to me how important it is for us as teachers, mentors, advisors, and preceptors to provide meaningful opportunities early on in pharmacy students' training so they can evolve into caring, compassionate pharmacists. It made me grateful for all the CPNP members who have contributed over the years to support pharmacy student travel to CPNP annual meetings, continuing their professionalization into psychiatric pharmacists.

As we move into 2018, the CPNP Foundation Board remains focused on our mission to enhance the capacity of pharmacy professionals to provide effective and compassionate treatment to individuals with mental disorders. Our efforts strive to **connect** pharmacy professionals and individuals living with mental disorders and their caregivers to ensure effective and compassionate treatment as well as **connect** pharmacy professionals working to advance innovation in mental health treatment. Important initiatives include:

- **Mental Health Directory** – to continue to grow the number of pharmacies identified as mental health friendly to assist patients and their families where they live.



- **Student Travel Scholarships** - to fund 20 scholarships for students to offset the cost of attendance at the annual meeting in Indianapolis. Students will have the opportunity to present their posters, participate in student programming, complete Mental Health First Aid Training, and network with residents and pharmacists practicing in the specialty area where these students aspire to practice.
- **Defining the Future Grants** – to grant support for innovative research that enhances care for patients with mental disorders.
- **Bequests** – reach out to members to ask that they consider leaving a legacy to support the future activities of the Foundation.
- **Support NAMI's StigmaFree Campaign** – to promote the importance of being StigmaFree through individual commitments to practicing StigmaFree, the NAMI Walk, and through a Discussion Den focused on identifying concrete items we can all take back to implement in our daily environment.

My hope is that one day every patient with a mental disorder, whether an inpatient or an outpatient, will be **connected** to a caring pharmacist to assist them with identifying and solving all their medication-related needs, just as my family and I experienced recently. With your assistance, this can become a reality. Please support the CPNP Foundation as you [register](#) for CPNP 2018 or through a donation at the Foundation [website](#) as the Foundation works to make these important **connections**.

FOUNDATION BOARD ANNOUNCES NEW APPOINTMENTS

Effective January 1, 2018, **Stephen Saklad, PharmD, BCPP**, assumed the responsibilities of the CPNP Foundation Board Treasurer. Voted in by fellow board members, Saklad is currently in his 5th year of service as Board Member. Dr. Saklad is a clinical professor and the Director of Psychiatric Pharmacy Program at The University of Texas at Austin, College of Pharmacy, Pharmacotherapy Division.

Dean Najarian, PharmD, BCPP, was also voted to serve an additional three-year term with the Foundation Board. Najarian is a Medical Science Liaison with Janssen Scientific Affairs, Wrentham, MA, and he has been serving on the Board since 2015.

Also voted into Board service is **Christopher Thomas, PharmD, BCPS, BCPP**. As the immediate past president for the CPNP Board, Dr. Thomas will finish out his term as CPNP Board Liaison to the Foundation Board and join the Foundation Board as a member-at-large for a three-year term, effective July 1, 2018.

Drs. Thomas, Najarian, and Saklad join the following individuals currently serving on the CPNP Foundation Board:

- Matthew A. Fuller, PharmD, FASHP, BCPP, BCPS, Clinical Pharmacy Specialist in Psychiatry, Louis Stokes Cleveland Veteran's Administration Medical Center, Cleveland, OH.
- Sarah E. Grady, PharmD, BCPP, BCPS, Clinical Associate Professor, Drake University, Des Moines, IA.
- Cynthia Kirkwood, PharmD, BCPP, CPNP Foundation President, Professor and Executive Associate Dean for Academic Affairs, Virginia Commonwealth University, Richmond, VA.

- Rex S. Lott, PharmD, BCPP, Professor of Pharmacy Practice, Idaho State University - College of Pharmacy, Boise, ID.
- Gene H. Makela, PharmD, BCPP, Clinical Pharmacist Specialist, Mental Health, Asheville VA Medical Center, Asheville, NC.
- Carol A. Ott, PharmD, BCPP, Clinical Associate Professor of Pharmacy Practice, Purdue University College of Pharmacy, Indianapolis, IN
- Brenda K. Schimenti, Executive Director, College of Psychiatric and Neurologic Pharmacists and Secretary College of Psychiatric and Neurologic Pharmacists Foundation, Lincoln, NE.
- Roger W. Sommi, PharmD, BCPP, FCCP, Professor of Pharmacy and Psychiatry, University of Missouri – Kansas City School of Pharmacy, Kansas City, MO.

The Foundation would also like to recognize the contributions of outgoing Board members **Patrick Finley, PharmD, BCPP, Jerry McKee, PharmD, BCPP, MS, and Michael Wincor, PharmD, BCPP.**

JOIN THE FIGHT AGAINST STIGMA AT CPNP 2018

The CPNP Foundation is committed to StigmaFree patient-provider interactions. Join us as we fight stigma throughout CPNP 2018 in partnership with the National Alliance on Mental Illness (NAMI) and their StigmaFree campaign! Navigating life with a mental health condition can be tough. The isolation, blame, and secrecy that is often encouraged by stigma can create huge challenges to moving forward in one's recovery journey. Learning how to avoid and address stigma are important. NAMI and CPNP Foundation are committed to replacing stigma with hope by supporting NAMI's StigmaFree [campaign](#).

stigmafree

What Can You Do?

Through powerful words and actions, we can all work together to shift the social and systemic barriers for those living with mental health conditions. Here is how you can be StigmaFree at CPNP 2018:

1. Take the [StigmaFree pledge online](#) during CPNP 2018 (4/22-4/25) and sign the StigmaFree wall. The pledge will be available online and those not attending the event are encouraged to participate.
2. Grab a sticker and a selfie sign at the Foundation booth in the foyer and distribute your #StigmaFree selfie over social media as a call to action.
3. [Share this page on Facebook to announce that it is time to be #StigmaFree.](#)
4. [Attend the StigmaFree Me! Discussion Den on Monday, April 23, 10:45-11:45 AM.](#)



5. **Register for the StigmaFree Walk for NAMI on Wednesday, April 25, 7:00-7:45 AM and proudly wear your StigmaFree t-shirt** (pictured above). *Limited t-shirts available, register now!*

Thank you for doing your part to help fight stigma!

CPNP FOUNDATION GRANTS SUPPORT STUDENT ATTENDANCE AT CPNP 2018 IN INDIANAPOLIS

Thanks to the generous support of the CPNP Foundation, CPNP Past Presidents' Destiny Fund, and CPNP members, twenty (20) students are receiving complimentary registrations and a \$500 registration and travel grant to be used toward their attendance at CPNP 2018. These twenty students were selected by the CPNP Student Committee based on the merits of their applications.

"These students represent our future and the future of psychiatric pharmacy," says CPNP Foundation President Cynthia Kirkwood, PharmD, BCPP. "The CPNP Foundation is pleased to support these student grants providing access to the networking opportunities and educational programming that is so valuable to our development as professionals in the field. We encourage CPNP members to continue donating to this important effort enabling the Foundation to continue to provide matching grant dollars far into the future."

Congratulations to the twenty grant recipients who will be attending CPNP 2018 in Indianapolis, Indiana:

- Alitta Barnett, University of Missouri Kansas City
- Alyson Aldridge, University of North Carolina at Chapel Hill
- Andrew Wakefield, Purdue University
- Austin Hoefling, Purdue University
- Autumn Walkerly, Purdue University
- Becca Seabock, Wingate University
- Ben Miskle, Northeast Ohio Medical University
- Caitlin Wise, University of New England
- Cherisse Norberte, Pacific University
- Christina Fields, University of Connecticut
- Ina Liu, University of North Carolina at Chapel Hill
- Kathleen Hennessy, University of Utah Health Care
- Manisha Modi, Samford University
- Miranda Rippin, Wayne State University
- Pooja Kumar, University of Michigan
- Raechel Adamczyk, Southern Illinois University Edwardsville
- Robyn Eggert, Wayne State University
- Sierra Carpenter, Pacific University
- Sundus Awan, University of Missouri Kansas City
- Thomas Maslo, Washington State University

DEFINING THE FUTURE GRANT RECIPIENTS SHINE DURING CPNP 2018 ABSTRACTS AND AWARDS SELECTION

In 2017, three ***Defining the Future*** Research grant applicants were selected to receive funds for their research projects which align with the CPNP Foundation's mission and vision. As a condition of the grant, recipients were required to submit their research for abstract consideration and, if selected, present their research results as a poster at CPNP 2018. We are pleased to announce that all three grant recipients were selected as poster presenters, and all three grant recipients are award finalists! Award finalists will present their abstracts during the platform presentations on Monday, April 23, at CPNP 2018. Winners for all categories will be announced during the Poster Session on Monday evening.



- **Amanda Colistro***, PharmD student, Midwestern University: Safe Opioid Prescribing Course Effect on Opioid Overdose Knowledge and Attitude Scales Across Multidisciplinary Students
- **Andrew Naglich****, PharmD, VA North Texas Healthcare System: Association of SSRI/ SNRI Treatment with Substance Use Disorder Symptom Severity in Veterans with PTSD
- **Deepika Rao***, Graduate Student, Duquesne University: Community Pharmacist and Substance Abuse Disorders: Attitudes, Knowledge and Practice."

* Indicates a CPNP Foundation Strategic Goals Award Finalist

** Indicates an Original Research Award Finalist

These three posters will be recognizable during the poster sessions with a red sash indicating that they are a Foundation Grant Recipient. Additionally, all three presenters will be highlighted at the Foundation booth. We encourage you to visit these poster presenters while attending CPNP 2018.

In Fall 2018, the CPNP Foundation will once again be awarding up to three, \$1500 Defining the Future Research Grants. The Foundation will be accepting online applications starting in May and are due by August 31.

2017 CPNP FOUNDATION DONORS

CPNP Foundation wishes to thank the generous donors who gave in 2017. To join the ranks as a CPNP Foundation Donor, visit cpnpf.org/pledge.

Limbic (\$5,000-\$9,999)

Christopher Thomas

Hippocampus (\$2,500-\$4,999)

Carla D. Cobb

Julie A. Dopheide

Matthew A. Fuller

Johnson & Johnson

Rex S. Lott

Brenda K. Schimenti

Roger W. Sommi

Julia E. Vertrees

Brainstem (\$1,500-2,499)

Sarah E. Grady
Deanna L. Kelly
Cynthia K. Kirkwood
Kim Lintner

Jerry R. McKee
Barbara G. Wells
Michael Z. Wincor

Neuron (\$500-\$1,499)

Peter G. Dorson
Larry Ereshefsky
Patrick Finley
Joan B. Fowler
Susan M. Hahn
Joshua Holland
Jonathan P. Lacro
Kelly C. Lee

Raymond C. Love
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Dean M. Najarian
National Alliance of State Pharmacy Associations NASPA
Stephen R. Saklad
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John R. Tomko
Michelle Gravlin. Twitty

Axon (\$100-\$499)

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Ann L. Richards
Jose Scarpa
Tammy Smith
Steven C. Stoner
Craig Straley
Erika E. Tillery
J. Ken Walters
Andrea Winterswyk

Other (\$1-\$99)

Ericka L. Breden Crouse
Steven M. Burghart
Erin L. Byrne
Stephen S. Caruana
Benjamin Chavez
Bradley Dahl
Nicole M. Daniel
Bethany DiPaula
Amber R. Douglass
Jennifer L. Easterling
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