



KALEIDOSCOPE

The CPNP Foundation envisions a world where individuals living with mental illness, their caregivers, and their health care team, work jointly with pharmacy professionals to ensure effective and compassionate treatment

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PRESIDENT'S MESSAGE: ANNUAL GIVING CAMPAIGN KICK-OFF

Matthew Fuller, PharmD, BCPP, FASHP

The CPNP Foundation's 2017 Fall Annual Giving Campaign kicks-off with this issue of *Kaleidoscope*. While there are many ways that one can contribute to improving the lives of patients with psychiatric and neurologic disorders, I am asking each CPNP member to make a generous contribution to the CPNP Foundation Annual Fund at this time.



*Matthew Fuller,
CPNP Foundation
President*

Last year at this time I mentioned that the majority of the Foundation's goals from our original strategic plan had been accomplished. In the Fall of 2016 the Foundation met to develop a new Strategic Plan which I invite you to view.

The Foundation envisions a world in which individuals with mental disorders and their caregivers are connected to pharmacy professionals so that they receive effective and compassionate treatment. Our mission focuses on enhancing the capacity of pharmacy professionals to realize our vision. Core strategies of the Foundation are designed with specific objectives that guide the Board's actions and activities.

The Foundation continues to build upon our previous accomplishments which include:

- What You Should Expect from Your Pharmacist, a guide for individuals with psychiatric and neurologic disorders and their families describing the care that should be expected from their pharmacist;
- The Mental Health Pharmacy™ Directory, a tool to connect individuals living with mental illness and members of their support system with pharmacies and pharmacists who provide the specialized services needed along with compassionate and knowledgeable care;
- Defining The Future Research Grants Program to support research of Students and Residents;
- Providing Student Registration/Travel Grants for students to attend the CPNP annual meetings; and
- Support of educational sessions and other events at the CPNP annual meetings.

Clearly, the Foundation has accomplished much and will take another stride forward with its new strategic plan. I continue to be amazed by the wonderful CPNP membership and their support of the Foundation. Therefore, I ask that you continue to support the important work of the Foundation by giving generously. Make your contribution now, so your gift will be recorded for the current fiscal year and will support the work of the Foundation throughout 2018. On behalf of the entire Foundation Board, thank you in advance for your generosity.

GRANT OPPORTUNITY FOR STUDENTS, RESIDENTS AND FELLOWS DUE AUGUST 31ST



The CPNP Foundation is offering up to three, \$1500 *Defining the Future* Research Grants for students, residents, fellows and/or CPNP Student Chapters. With this grant program, the Foundation is able to provide financial support to future pharmacists who are paving the way in defining the future and improving the care of patients with psychiatric and neurologic disorders.

The goals of the proposed research project must be consistent with the vision and mission of the Foundation, which can be viewed at cpnpf.org.

Grant recipients will receive grant monies of up to \$1500 to fund the research outlined in their grant application and will be required to submit their results as a poster abstract at CPNP 2018 to be held at the JW Marriott in Indianapolis, Indiana from April 22-25, 2018.

Grant applications must be submitted through the [online application portal](#) by **11:59 p.m. Central Time, August 31, 2017**. Recipients will be announced October 1, and research abstracts must be submitted to CPNP through the poster submission process, due by the published January 2018 deadline.

This is an excellent opportunity for students and residents to gain exposure and network with professionals in the field regarding research that will improve the care of patients with psychiatric and neurologic disorders. The Foundation is looking forward to experiencing the enthusiasm and creativity exhibited through grant recipients' research and poster abstracts.

HOW TO LEAVE A LEGACY: DO I LOOK LIKE I'M DYING?

When we asked someone recently to consider making a bequest, their response was, "Do I look like I'm dying?" Bequest commitments are usually fulfilled from an estate after someone passes away, so many people rightfully associate bequests with death. The fact is, however, that death is unpredictable, and people are going to remember you for the legacy you built during your life. The CPNP Foundation's bequest program offers a chance to start building your legacy now, whether you're 25, 95, or anywhere in between.

Making a Bequest is Not as Hard as it Seems

Planning ahead to make a bequest does not have to involve a lawyer. There are multiple ways to make this commitment:

- 1) Include a bequest provision in your Will
- 2) Dedicate a portion of your retirement account
- 3) Dedicate a portion of your life insurance

For options 2 and 3, the CPNP Foundation could simply be added as a beneficiary for a certain percentage or amount of your account. Your financial representative would serve as a good resource for questions regarding this process. After you have decided how you would like to make your commitment, complete the [Bequest Notification Form](#) and return it to the CPNP Foundation. As a reminder, no money is exchanged up front, and your commitment can be changed at any time.

Your Commitment Makes a Difference

By making a bequest, you are contributing to the future of the psychiatric pharmacy profession and the patients the profession serves--people living with mental illness. Your commitment will also inspire others to contribute financially to CPNP Foundation initiatives and help ensure the future of the Foundation's work.

"I find it very gratifying to know that even in death, I will be supporting the CPNP Foundation, an organization with values aligned very closely with my own. There is so much more that needs to be done. The Foundation's support to students and residents, to improved access to care, and to expanding availability of resources for patients, caregivers, and pharmacists will help to get us there." – Barbara Wells, a CPNP Foundation Legacy Partner

Thank you to all of our current [Legacy Partners](#) for paving the way. We welcome your questions at info@cpnpf.org as you consider your legacy.

DONOR SPOTLIGHT: JULIE DOPHEIDE, PHARM D, BCPP, FASHP



The CPNP Foundation enjoys recognizing donors who exemplify the values of the Foundation through their dedication and commitment to meeting the needs of patients living with psychiatric and neurologic disorders and their families. In this issue of Kaleidoscope, we feature **Julie Dopheide, PharmD, BCPP, FASHP**.

Dr. Dopheide has been a member of CPNP since 2004, was the President of CPNP from 2013-2014, and has spoken multiple times at the CPNP Annual Meeting. She was part of the Founding Circle that launched the CPNP Foundation and continues to be a dedicated supporter of the Foundation's initiatives. We are honored to feature Dr. Dopheide this month as our featured donor and to learn more about her career.

In the beginning...

*Julie Dopheide,
PharmD, BCPP,
FASHP*

Dr. Dopheide's interest in psychiatric pharmacy was piqued when she was a P4 student on different clinical rotations in Omaha, NE. She shared, "I felt the most valued by the psychiatry service. The treatment team asked me questions and expected me to be a regular contributor to the provision of patient care. I also thoroughly enjoyed the patient contact and conducting mental status examinations and using my findings to document the success or failure of pharmacotherapy regimens."

Dr. Dopheide has been with the University of Southern California (USC) for 30 years and currently serves in multiple capacities. She is Professor of Clinical Pharmacy and holds a joint appointment in Psychiatry and the Behavioral Sciences at USC's Keck School of Medicine in Los Angeles. Dr. Dopheide has over 50 publications in peer-reviewed journals, professional publications, and textbooks, she is a nationally and internationally recognized expert in psychiatric pharmacy, particularly child and adolescent psychopharmacology, sleep

medicine and mood disorders, and she currently serves on the Psychiatric Specialty Council for the Board of Pharmacy Specialties.

Today, in her ongoing tenure at USC, Dr. Dopheide is actively involved in teaching pharmacy students, medical students, allied health, and psychiatry residents in both the classroom and clinical settings. Her commitment to the psychiatric pharmacy profession shines through her work and her impact can be seen throughout CPNP and the CPNP Foundation.

Why makes the CPNP Foundation Special?

We asked Dr. Dopheide about her involvement with the CPNP Foundation.

"My service on CPNP's Board of Directors ignited my desire to become a founding member of CPNPF. By contributing to CPNPF, we CPNP members can achieve more of our professional and humanistic goals. For me these goals include supporting students and residents in their professional development. If we are going to achieve our vision of "a psychiatric pharmacist on every care team dedicated to improving drug therapy outcomes for persons with psychiatric and neurologic disorders, we need more board certified psychiatric pharmacists. Participation in CPNPF shows I am dedicated to "stigma-busting" through enhancing the mental health pharmacy directory and supporting research projects aimed at eliminating stigma. I am thrilled to be a founding member of the CPNP Foundation and I plan to be a lifelong contributor!"

The CPNP Foundation Board of Directors sincerely thanks Dr. Julie Dopheide for her ongoing commitment to the Foundation's mission. To join Dr. Dopheide as a CPNP Foundation donor, visit cpnpf.org/pledge.

SHOP WITH AMAZONSMILE TO SUPPORT THE CPNP FOUNDATION

Once again, the summer has flown by and for many of us, it is time to think about Back to School shopping. If Back to School shopping is part of your end of summer routine, please consider shopping with Amazon. When you shop at [Amazon Smile](https://www.amazon.com/smile), Amazon donates to the CPNP Foundation.

AmazonSmile is a simple and automatic way for you to support your CPNP Foundation every time you shop, at no cost to you. When you shop at [smile.amazon.com](https://www.amazon.com/smile), you'll find the exact same shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to CPNP Foundation as your favorite charitable organization. As of July 28th, the CPNP Foundation has received \$39.72 in 2017. This is free money, and every little bit counts!

An advertisement for AmazonSmile featuring a teal backpack with white polka dots, a colorful geometric patterned bag, and a box of colored pencils. The text reads: "Getting ready for Back to School? Support us by shopping at [smile.amazon.com](https://www.amazon.com/smile). You shop. Amazon gives." The AmazonSmile logo is at the bottom.

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