



KALEIDOSCOPE

Envisioning a world where individuals living with mental illness, their caregivers, and their health care team, work jointly with pharmacy professionals to ensure effective and compassionate treatment

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PRESIDENT'S MESSAGE: STRATEGIC PLAN CHARTS FUTURE COURSE

Matthew Fuller, PharmD, BCPP, FASHP

The CPNP Foundation Board met in November 2016 to develop a new three-year strategic plan. Our primary goal was to establish core strategies while being mindful of our current resources. The strategic planning meeting was deemed a success with the development of a new strategic plan, including a new mission and vision statements, along with core strategies for 2017-2019. I am excited to share it with you!



*Matthew Fuller,
CPNP Foundation
President*

Mission

To enhance the capacity of pharmacy professionals to provide effective and compassionate treatment of individuals with mental disorders.

Vision

To be recognized nationally as the conduit for connecting:

1. Pharmacy professionals and individuals living with mental disorders and their caregivers to ensure effective and compassionate treatment;
2. Pharmacy professionals working to foster innovation in mental health treatment.

Core Strategies

1. Connect Pharmacy Professionals with Individuals Living with Mental Disorders. Serve as a key link between pharmacy professionals and individuals living with mental disorders and their caregivers.
2. Cultivate Innovation in Treatment of Mental Disorders. Invest in the education and advancement of pharmacy professionals through the funding of research and scholarships.
3. Branding, Communication, and Donor Cultivation and Development. Provide ongoing communication regarding the Foundation's mission, goals, and initiatives as a key element in raising donor awareness and investment.
4. Board Development and Effective Governance. Establish a Board culture that fosters passion and active engagement in advancing the mission of the Foundation.

To accomplish these core strategies, the Board will work to grow the number of qualified pharmacies listed in the Mental Health Directory by investing in its expansion. We will also continue to place high value on pharmacy students and residents interested in Mental Health. The Foundation currently supports research scholarships and student travel grants which we plan to expand for the benefit of pharmacy professionals, our profession, and the patients we serve. The Foundation plans to work collaboratively with our parent organization (CPNP) to capitalize on the complimentary visions and synergy of the two organizations as well as disseminate a statement that articulates the unique value, relevance, and impact of the CPNP Foundation. Lastly, the Board will strategically recruit individuals with diversified perspectives, skill sets, and passion to serve on the Foundation Board.

The Board was unanimous in its support of the new strategic plan. We hope you are too and will show your support by making a financial donation and/or by becoming a Legacy Partner with a bequest to the Foundation. We look forward to seeing you at the CPNP Annual Meeting in April where we plan to visit with you more about the Foundation at our booth.

DONOR PROFILE: CARLA COBB, PHARM D, BCPP



*Carla Cobb,
PharmD, BCPP*

The CPNP Foundation enjoys recognizing donors who exemplify the values of the Foundation through their dedication to evidence-based care, commitment to meeting the needs of patients living with psychiatric and neurologic disorders and their families, and through their sustained support. In this issue of Kaleidoscope, we feature CPNP Founding Circle member, Dr. Carla Cobb, PharmD, BCPP. The CPNP Foundation Board of Directors sincerely thanks Dr. Cobb for her ongoing commitment to the Foundation's mission.

Dr. Cobb is a psychiatric clinical pharmacist at RiverStone Health located in Billings, MT where she has worked for 18 years. She works as part of a patient-centered team to provide comprehensive medication management for people with mental illnesses in a primary care clinic. Dr. Cobb is also a preceptor for students on clinical rotations from the University of Montana School of Pharmacy and for the Montana Family Medicine Residency.

When asked what led her to pursue psychiatric pharmacy as a career, she stated, "I have a long held interest in human behavior but ultimately chose this field because of strong mentorship from the psychiatric pharmacy program faculty at the University of Texas Health Sciences Center at San Antonio during my PharmD program." Her first position in psychiatric pharmacy was at the San Antonio State Hospital after completing her psychiatric pharmacy residency there.

When discussing the Foundation's initiatives and which one most motivates her, she said, "I am motivated by the Defining the Future grant program which supports young researchers interested in best practices including reducing stigma and providing direct patient care through comprehensive medication management. I have been very impressed by the creativity and compassion expressed by the large number of grant applicants and awardees." Dr. Cobb believes most in the end result of helping patients reach their full potential. Through foundation initiatives that educate patients and caregivers about the value of having psychiatric pharmacists as part of their team of providers and by supporting students and residents in pursuing a career in psychiatric pharmacy, she believes the Foundation can extend its reach to more patients who will benefit from our services.

Dr. Cobb financially supports the Foundation because she believes in the Foundation's mission of increasing interest and connections within the field of psychiatric pharmacy which ultimately serve patients with mental illnesses. She is passionate about CPNP Foundation, stating, "I hope that every member of CPNP will support the Foundation with even a small donation, equivalent to perhaps one meal out a month. This would allow the Foundation to work toward realizing its vision of a world in which every patient receives effective and compassionate treatment."

To join Dr. Carla Cobb as a CPNP Foundation donor, visit cpnpf.org/pledge.

COLLEGE OF PSYCHIATRIC AND NEUROLOGIC PHARMACISTS FOUNDATION WELCOMES NEW BOARD MEMBER

Effective January 1, 2017, Cynthia "Cindy" Kirkwood, PharmD, BCPP joined the CPNP Foundation Board of Directors serving a three-year term on the Foundation Board. Dr. Kirkwood is a Professor and the Executive Associate Dean for Academic Affairs at Virginia Commonwealth University in Richmond, VA and joins the Foundation Board as President-Elect.



*Cindy Kirkwood,
PharmD, BCPP*

The Foundation would also like to recognize the contributions of outgoing Board member Judy Curtis, PharmD, BCPP, FASHP, who served on the Board from 2014-2016. Dr. Curtis was a Founding Circle Donor to the CPNP Foundation and currently works as Director, Medical Science Liaison-MidAtlantic for the Clinical Development and Medical Affairs-CNS division of Sunovion Pharmaceuticals Inc.



*Judy Curtis,
PharmD, BCPP,
FASHP*

Dr. Kirkwood joins the following individuals currently serving on the CPNP Foundation Board:

- Patrick Finley, PharmD, BCPP, CPNP Foundation Treasurer, Professor of Clinical Pharmacy, University of California San Francisco School of Pharmacy, San Francisco, CA
- Matthew A. Fuller, PharmD, FASHP, BCPP, BCPS, CPNP Foundation President, Clinical Pharmacy Specialist in Psychiatry, Louis Stokes Cleveland Veteran's Administration Medical Center, Cleveland, OH
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- Stephen R. Saklad, PharmD, BCPP, Director of Psychiatric Pharmacy Program, The University of Texas at Austin College of Pharmacy and San Antonio State Hospital, San Antonio, TX

- Brenda K. Schimenti, Executive Director, College of Psychiatric and Neurologic Pharmacists and Secretary College of Psychiatric and Neurologic Pharmacists Foundation, Lincoln, NE
- Roger W. Sommi, PharmD, BCPP, FCCP, Professor of Pharmacy and Psychiatry, University of Missouri – Kansas City School of Pharmacy, Kansas City, MO
- Michael Z. Wincor, PharmD, BCPP, Associate Professor of Clinical Pharmacy and Associate Dean for Global Initiatives and Technology in the School of Pharmacy, University of Southern California (USC) and Associate Professor of Psychiatry and the Behavioral Sciences in the Keck School of Medicine of USC, Los Angeles, CA

STIGMA RESEARCH PROJECT RESULTS

Charles Caley, PharmD, BCPP



*Charles Caley,
PharmD, BCPP*

In the [November 2016 issue of Kaleidoscope](#), Dr. Jerry McKee informed you about the stigma research project that the CPNP Foundation has been participating in with Dr. Vincent Giannetti and colleagues at Duquesne University Mylan School of Pharmacy. This stigma research project has direct roots embedded in the [2012 survey of NAMI members](#) about their experiences with their community pharmacist.

This stigma research project involved developing an original, 101-item survey for community pharmacists which focused on their provision of pharmacy services and their comparative opinions about working with patients who have mental illness. The comparative opinions section of the survey measured pharmacists' attitudes, perceptions and beliefs about patients diagnosed with a mental illness. Information about pharmacist demographics, knowledge and practice characteristics were also collected.

Results of this survey will be presented in full as part of two posters that have been accepted for presentation at the CPNP 2017 Annual Meeting in Phoenix, however, a brief review of several findings are provided below:

- On average, community pharmacists completing the survey reported feeling willing and interested in providing services to patients with mental illness, however they felt much less confident and comfortable in doing so. The services that respondents felt most comfortable and confident in providing to patients with mental illness involved patient education.
- Survey respondents rated confidence and comfort as being low when needing to ask patients about their therapeutic goals, as well as when speaking with physician's about the patient's medication. Interestingly, a key finding of the 2012 survey was that 75% of NAMI member respondents (n = 1,031) reported that they did not receive medication effectiveness monitoring assistance from their community pharmacist.
- Finally, respondent community pharmacists who had personal experience with mental illness reported lower levels of stigma and more positive attitudes and beliefs about patients with mental illness when compared to respondents without a personal experience with mental illness.

One of the important conclusions of this stigma research project has been that there remains a presence of mental illness stigma in community pharmacy. Thus, it is clear that there are opportunities to identify its causes, and to, more importantly, construct strategies that resolve this important barrier to pharmacist delivered care to patients with mental illness. Existing potential strategies to diminish mental illness stigma include community pharmacists and their staff completing mental health first aid training, and all pharmacy students receiving educational experiences that include direct, supervised contact with patients with mental illness.

IN MEMORIAM DONATIONS HONOR BETH WINANS

When you give in memory of another individual, you support and celebrate their lasting legacy by contributing to the Foundation's mission and initiatives. CPNP Foundation and its donors remember the following special person:

In Memory of Elizabeth (Beth) Winans

- Carla Cobb
- Stephen Saklad
- Ellie Elliot
- Joshua Holland
- Cynthia Edelen
- Leigh Anne Nelson
- Julie Dopheide
- Jill Reynoldson

Elizabeth (Beth) Winans was a founding CPNP member, past board member, and past program committee chair. She served as a role model and inspired many CPNP members, student pharmacists, and psychiatric residents.

Those wishing to donate funds *in memoriam* should proceed to the [donation](#) web page and note the honoree in the "Order Comments." Donors can choose to support student scholarships or the CPNP Foundation general fund which supports all Foundation initiatives.

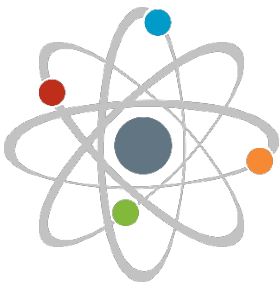
CPNP FOUNDATION AT CPNP 2017 IN PHOENIX, ARIZONA

The CPNP Foundation will once again be visible during [CPNP's Annual Meeting](#) recognizing the generous support of our donors and supporting students and residents through various grants.

Pharmacy Student Registration/Travel Grants

The CPNP Foundation once again is providing complimentary registration and partial travel support allowing 20 students to attend CPNP 2017. The Foundation Board strongly believes that it is important to assist students in exploring and growing their interest in the care of individuals with psychiatric and neurologic disorders. What better way to do that than by providing financial support to attend the CPNP meeting. The recipients of these grants are selected by the CPNP Student Committee and a [press release](#) has been released announcing those awarded a registration/travel grant.

Defining the Future Research Grant Recipient Posters



In 2016, four [Defining the Future](#) Research grant applicants were selected to receive funds for their research projects each mirroring one of the current interests of the Foundation which include: 1) Stigma associated with psychiatric and neurologic disorders, and 2) Comprehensive Medication Management (CMM) as a best practice.

As a condition of the grant, recipients were required to submit their research for abstract consideration and, if selected, present their research results as a poster at CPNP 2017.

We are pleased to announce that all four grant recipients were selected as poster presenters!

- **Andrew Kluemper, PharmD:** "Effect of Primary Care Provider Stigma on Appropriate PHQ-9 Administration"
- **Jenni-lyn Ladutko, PharmD:** "Implementation of a Polypharmacy Clinic in Vulnerable Elders (PAVE Clinic) Within an Integrated Patient Aligned Care Team"
- **Samantha Themas, PharmD:** "Effect of Clinical Pharmacy Specialist Intervention on Metabolic Markers in Patients Receiving Long-acting Antipsychotic Injections"
- **Tu Vuong, PharmD 2018 Candidate:** "Incorporating Clinical Pharmacy Service into Depression Management at a Primary Care Clinic"

These four posters will be recognizable during the poster sessions with a sash indicating that they are a **Foundation Grant Recipient**. Additionally, all four presenters will be highlighted at the Foundation booth. We encourage you to visit these poster presenters while attending CPNP 2017.

The CPNP Foundation will once again be awarding up to three \$1500 Defining the Future Research Grants in 2017. The Foundation will be accepting applications starting in May and are due by August 31.

CPNP Foundation Strategic Goals Award Finalists

CPNP 2017 will be the second year for the Foundation's Strategic Goals Award to be offered. To be considered, abstracts must address stigma associated with psychiatric disorders or comprehensive medication management as a best practice. The two finalists for this award are:

- **Jenni Ladutko, PharmD, BCPS:** Implementation of a Polypharmacy Clinic in Vulnerable Elders (PAVE Clinic) within an Integrated Patient Aligned Care Team
- **Tu Vuong, PharmD 2018 Candidate:** Incorporating Clinical Pharmacy Service into Depression Management at a Rheumatoid Arthritis Clinic

Award finalists will present their abstracts during the platform presentations on Monday, April 24, at CPNP 2017. Winners for all categories will be announced during the Poster Session on Monday evening.

2016 CPNP FOUNDATION DONORS

CPNP Foundation wishes to thank the generous donors who gave in 2016. To join the ranks as a CPNP Foundation Donor, visit cpnpf.org/pledge

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