



KALEIDOSCOPE

Envisioning a world in which individuals with psychiatric and neurologic disorders receive optimal treatment, live free of stigma, and achieve their full potential

AUGUST 2016: A Newsletter of the CPNP Foundation

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CPNP FOUNDATION ANNUAL GIVING CAMPAIGN KICK-OFF

Matthew Fuller, PharmD, BCPP, FASHP



Matthew Fuller, CPNP Foundation President

The CPNP Foundation’s 2016 Annual Giving Campaign kicks-off with this issue of Kaleidoscope. While there are many ways that one can contribute to making the lives of patients with psychiatric and neurologic disorders better, I am asking each CPNP member to make a generous contribution to the CPNP Foundation Annual Fund at this time.

The Foundation envisions a world in which individuals with psychiatric and neurologic disorders receive optimal treatment, live free of stigma, and achieve their full potential. Our mission focuses on the needs of individuals living with psychiatric and neurologic disorders, their families, and health professionals in general practice settings to further evidence-based treatment. Our core goals center on advancing best treatments and enhancing the efficiency and effectiveness of the Foundation in all of its work. In addition, the Foundation continues to be committed to providing registration/travel grants students to help them attend the 2017 Annual Meeting in Phoenix.

The Foundation continues to build upon our previous accomplishments, which include the development of:

- [What You Should Expect from Your Pharmacist](#), a guide for individuals with psychiatric and neurologic disorders and their families describing the care that should be expected from their community pharmacist;
- [The Mental Health Pharmacy™ Directory](#), a tool to connect individuals living with mental illness and members of their support system with pharmacies and pharmacists who provide the specialized services needed along with compassionate and knowledgeable care;
- [Defining The Future Research Grants Program](#) to support research of Students and Residents;
- Publication of the [Kaleidoscope](#) quarterly newsletter;
- Providing [Student Registration/Travel Grants](#) for student to attend the CPNP annual meetings; and
- Support of educational sessions and other events at the CPNP annual meetings.

The majority of the Foundation's goals from the original [strategic plan](#) have been accomplished. Therefore, in the Fall of 2016 the Foundation will meet to develop a new Strategic Plan. While the new Strategic Plan will guide and direct the efforts of the Foundation in 2017, current initiatives will receive ongoing attention. For example, in 2016/2017, the Foundation's research collaboration with Dr. Vincent Giannetti and his research team at Duquesne University School of Pharmacy will work to publish their results of their project. The study results should help us to better understand and address the stigma our patients are confronted with in community pharmacy settings. The Mental Health Pharmacy Directory will be maintained, populated with additional pharmacies and further developed.

Clearly, the Foundation has accomplished much and will take another stride forward with its new strategic plan. I am always amazed by our wonderful membership and their support of the Foundation. Therefore, I ask that you continue to support the important work of the Foundation by giving generously. Make your contribution now, so your gift will be recorded for the current fiscal year and will support the work of the Foundation throughout 2017. On behalf of the entire Foundation Board, thank you in advance for your generosity.

WHY I BECAME A LEGACY PARTNER

Barbara G. Wells, PharmD, FCCP, FASHP



I had the opportunity to participate in the early discussions that led to the founding of the College of Psychiatric and Neurologic Pharmacists (CPNP). Like all CPNP members, I am passionate about the health and wellbeing of patients with psychiatric and neurologic disorders. CPNP is dedicated to advancing the reach and practice of psychiatric pharmacists in order to better serve their patients. The CPNP Foundation focuses on the needs of individuals living with psychiatric and neurologic disorders, their families, and healthcare professionals in general practice settings. The Foundation works to ensure that our patients receive optimal treatment, live free of stigma, and achieve their full potential.

*Barbara G. Wells,
PharmD, FASHP, FCCP*

These two organizations work in tandem, taking complementary approaches, to further evidence-based treatment of neuropsychiatric patients. All members of CPNP share a kinship, much like a family with a common purpose to care for and advocate for their patients who are, in so many cases, sorely underserved.

When I attend CPNP Annual Meetings, I truly feel that I am among "my people," and I believe the majority of attendees feel the same.

The Foundation has created a [Bequest Program](#) to offer CPNP members and others an additional mechanism to help advance the Foundation's mission and to leave a legacy that will have an impact beyond our lifetime. Those participating in the Bequest Program become Legacy Partners within the Foundation. I was attracted to the Bequest Program because it allows me to benefit the CPNP Foundation in the future when I am no longer here, in the same way that I do now. Also, it's comforting to know that the funds specified in my will remain under my control during my lifetime. So, in the unlikely event that my financial circumstances should take an unexpected change for the worse, I can modify my bequest if I need to do so. Leaving a bequest was a very simple process. It was just a matter of having my attorney add an amendment or codicil to my will/trust. I find it very gratifying to know that even in death, I will be supporting the CPNP Foundation, an organization with values aligned very closely with my own, as the Foundation continues to support students and residents, to improved access to care, and to expand availability of resources for patients, caregivers, and pharmacists. There is so much more that needs to be done.

In my pharmacy career, I have been so very blessed. Working in psychiatric pharmacy has provided not only fair compensation for me and my family, but also great satisfaction in making sure patients receive the best treatments and realize their potential. CPNP has also provided me opportunities to shape our profession, to lead, and to grow professionally. It is an honor for me to become a Legacy Partner by making arrangements now to support the Foundation as they improve the lives of our patients well into the future.

THE MENTAL HEALTH PHARMACY™ DIRECTORY LAUNCHES

Charles F. Caley, PharmD, BCPP



The term “mental health pharmacy” is a new one, but the concept seems to be well established. In 2014, when the Foundation started this directory project, a Google search of the term “mental health pharmacy” did not return a useful list of resources. Thus, with the development of [The Mental Health Pharmacy™ Directory](#), the CPNP Foundation has created new internet space that acknowledges a type of pharmacy that proactively serves patients with mental illness. We have defined a mental health pharmacy as one that provides added value services directed at the medication related needs of individuals living with mental illness. These are pharmacies where an individual’s mental illness, or their medications, are not a barrier to receiving care.

The origins and inspiration for this project have come from the convergence of accomplishments made by several individuals. Thus the contributions of Dr. Glenn Stimmel, Dr. Brandy Singer, and Dr. Ashlee Riggs, to name a few, are to be acknowledged. The CPNP Foundation is especially grateful to Otsuka Pharmaceuticals for initial financial support of the website which allowed us to partner with GuideMark Health to work with the Foundation to develop the website that is seen today. The workgroup members include: Carla Cobb, Steve Saklad, Jerry McKee, Rex Lott, and Brenda Schimenti.

Currently, the directory lists over 850 U.S. pharmacies that deliver services to our patients. Many of the pharmacies in this directory are part of either Genoa-QOL or Safeway pharmacies. A smaller percentage of the directory is comprised of free standing community pharmacies that may either be independent pharmacies or specific locations of a pharmacy chain. It is this portion of the directory that the CPNP Foundation wishes to see additional growth in the coming years.

With the establishment of an operational web-based directory of pharmacies that serve patients with mental illness, we as psychiatric pharmacists have new opportunities. First, we have the opportunity to understand if there are mental health pharmacies located near each of us, whether listed, or not listed, in the directory. If you are aware of an unlisted pharmacy that might qualify as a mental health pharmacy, then please take the time to [refer them](#) to the CPNP Foundation, or to encourage them to complete the brief survey found on the website. Second, as our awareness and recognition of mental health pharmacy grows, we as psychiatric pharmacists have an opportunity to consider forging new partnerships with our pharmacist colleagues. It is quite likely that each type of pharmacist can offer the other knowledge and support that could lead to improved patient care. This could especially be true when it comes to transitions of care and medication reconciliation.

The CPNP Foundation envisions a world in which individuals with psychiatric and neurologic disorders receive optimal treatment, live free of stigma, and achieve their full potential. We believe that a mental health pharmacy directory and partnerships between psychiatric pharmacists and community (mental health) pharmacists will be an excellent step in the right direction by the pharmacy profession towards contributing to this important vision. After all, shouldn’t everything we do be about the patient?

DEFINING THE FUTURE RESEARCH GRANT PROGRAM APPLICATION CLOSES AUGUST 31

The CPNP Foundation's Defining the Future Research Grant Program is an annual grant for students and residents interested in psychiatric and neurologic pharmacy, including those who are members of CPNP student chapters. This is an excellent opportunity to receive funding for a research project that will define the future and improve the care of patients with psychiatric and neurologic disorders.

There is still time to submit an application by August 31, 2016. Research projects must focus on one of the current interests of the foundation. For 2016 those are: 1) stigma associated with psychiatric disorders and 2) comprehensive medication management as a best practice.

Applicants selected will receive grant funding up to \$1500 to support research. To share the results, research must be submitted as a poster abstract for consideration to present during the CPNP 2017 Annual Meeting at the Phoenix Convention Center in Phoenix, Arizona, April 23-26, 2017. Accepted poster abstracts will be eligible to apply for the CPNP Foundation Strategic Goals Award of \$500 for the best poster addressing the current interests of the Foundation.

Applications for the grant must be submitted through the online application by August 31, 2016; recipients will be announced October 1.

SHOP AND SUPPORT THE CPNP FOUNDATION THROUGH AMAZONSMILE

Once again, the summer has flown by and for many of us it is time to think about Back to School shopping. If Back to School shopping is part of your end of summer routine, please consider shopping with Amazon. When you shop at Amazon Smile, Amazon donates to the CPNP Foundation.

AmazonSmile is a simple and automatic way for you to support your CPNP Foundation every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to CPNP Foundation as your favorite charitable organization.

On your first visit to AmazonSmile (smile.amazon.com), you need to select CPNP Foundation to receive donations from eligible purchases before you begin shopping. Amazon will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

For back to school, shop and support the CPNP Foundation at the same time!



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The advertisement features a teal backpack with white polka dots, a colorful geometric patterned bag, and a box of markers. The text is centered and right-aligned, with the AmazonSmile logo at the bottom.