



KALEIDOSCOPE

Envisioning a world in which individuals with psychiatric and neurologic disorders receive optimal treatment, live free of stigma, and achieve their full potential

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NEW BEQUEST PROGRAM: A MECHANISM FOR ACHIEVING YOUR PHILANTHROPIC GOALS

Barbara G. Wells, PharmD, FASHP, FCCP



*Barbara G. Wells,
PharmD, FASHP,
FCCP*

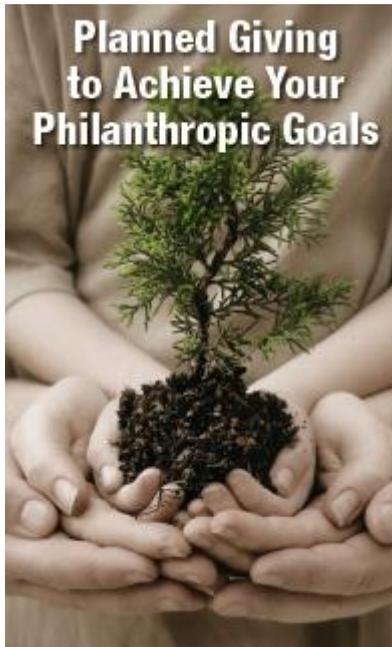
The CPNP Foundation has established a new Bequest Program, and we invite you to consider including the CPNP Foundation when planning your estate. These gifts secure the future of the Foundation and its mission to help meet the needs of individuals living with neuropsychiatric disorders, their families, and health professionals in general practice settings to further evidence-based treatment. Making a bequest is a simple process. A few sentences in your will or living trust make the gift complete, and until your will or trust goes into effect, you can easily alter your plans.

Additionally, in some cases, depending on the nature and structure of the gift, tax advantages may be achieved.

Individuals who establish a planned giving arrangement to support the Foundation can automatically become members of the Foundation’s Legacy Partners Society, which is a program for honoring and thanking those who have arranged a bequest. As a Legacy Partner you become a part of a group of committed supporters who will be recognized in selected publications and venues with your permission, or members can choose to remain anonymous.

The CPNP Foundation is extremely fortunate to have many individuals who are generous in their support of the Foundation’s mission. Some of our donors are looking beyond annual cash gifts for other mechanisms to help them have an even larger impact after their death. When structured properly your will, living trust, life insurance policies, and certain other vehicles can help you to achieve your philanthropic goals and may also provide several attractive benefits for you and for the foundations and charities you choose to benefit.

I was thrilled to learn of a few individuals who have already made arrangements in their wills for bequests to the Foundation or have plans to do so in the near future. I expect there are quite a few others with similar plans of whom I am unaware. I am thrilled to learn of these plans, as I know how important they can be in allowing the Foundation to achieve its mission. Probably the most important first step in making a planned gift after your death is to make a valid will and to be sure that it is regularly reviewed with your attorney and/or financial advisor. If you already have a valid will and wish to add a bequest to benefit the CPNP Foundation, you and your attorney can make that happen by adding a simple codicil or amendment.



There are several ways to give to the Foundation using life insurance, and perhaps the simplest way is to name the CPNP Foundation as your policy beneficiary in whole or as a percentage. Using this method, you retain control over the policy, including access to any cash value, in case your financial situation should change such that you needed it for living expenses. Another option is to donate an existing life insurance policy to the Foundation. Using this method, you may be able to take a charitable income tax deduction. In addition to these two options, there are others mechanisms to leverage the value of your donations to create the legacy you desire.

If you have already made arrangements in your will, living trust, or through another method (e.g., life insurance, pensions, IRAs, or 401(k)s for which you have named the Foundation as a beneficiary), please contact Brenda Schimenti (bschimenti@cpnpfoundation.org or 402.476.1677) to advise her accordingly. She will want to thank you and enroll you as a member of the Legacy Partners Society with your permission. The members of the Foundation Board of Directors encourage you to seek appropriate, independent, professional advice and counsel about the best way to structure any planned gift arrangement. Thank you for considering inclusion of the CPNP Foundation when planning your estate.

CPNP FOUNDATION AT CPNP 2016

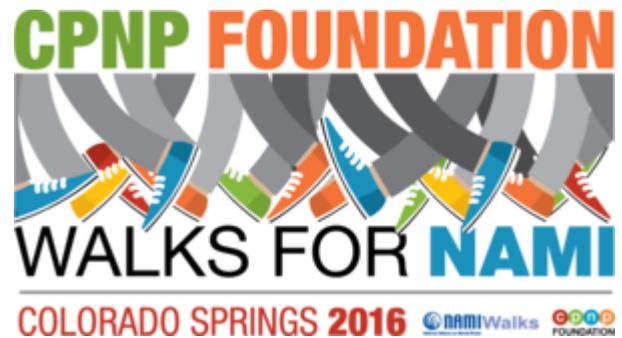
The CPNP Foundation will once again be visible during CPNP's Annual Meeting recognizing the generous support of our donors, sponsoring the NAMI Walk, and supporting students and residents through various grants.

Photo Booth

On the first two days of CPNP 2016 (Sunday, April 17, and Monday, April 18), Foundation donors will be rewarded with the opportunity to have a professional head shot taken, perfect for social media networking. There is no cost to donors as it is the Foundation's way to say "Thank you." Don't miss this opportunity and make your donation now at cpnpf.org/pledge.

CPNP Foundation Walks for NAMI

Join CPNP Foundation on Wednesday morning at 7:00 a.m. for the ninth annual 5K run/walk benefitting the National Alliance for Mental Illness (NAMI). Your entrance fee is donated directly to NAMI and matched by CPNP. Run, walk or bypass the walk and sleep in, but donate any amount to this wonderful event benefitting NAMI. A t-shirt is provided to the first 125 participants and donors. If you are attending the Annual Meeting you can sign up for the walk as part of the [CPNP 2016 registration](#) process, or donate directly at cpnpf.org.



Pharmacy Student Registration/Travel Grants

The CPNP Foundation once again is providing complimentary registration and partial travel support allowing 20 students to attend CPNP 2016. The Foundation Board strongly believes that it is important to assist students in exploring and growing their interest in the care of individuals with psychiatric and neurologic disorders. What better way to do that than by providing financial support to attend the CPNP meeting. The recipients of these grants are selected by the CPNP Student Committee and a [press release](#) has been released announcing those awarded a registration/travel grant.

Defining the Future Research Grant Recipient Posters

In 2015, four [Defining the Future](#) Research grant applicants were selected to receive funds for their research projects each mirroring one of the current interests of the Foundation which include: 1) Stigma associated with psychiatric and neurologic disorders, and 2) Comprehensive Medication Management (CMM) as a best practice.

As a condition of the grant, recipients were required to submit their research for abstract consideration and, if selected, present their research results as a poster at CPNP 2016. We are pleased to announce that all four grant recipients were selected as poster presenters!

- Lauren Heath: “Influence of Patient Stigma on Depression Remission”
- Caroline Lobo: “Stigma in Adults with Fibromyalgia Syndrome and Migraine: A Comparative Analysis of Perceptions of Invalidation”
- Courtney Slough: “Comprehensive medication management (CMM) provided to veterans in an outpatient traumatic brain injury (TBI) clinic at a Veteran Affairs Medical Center”
- Natalie Valentino: “Assessment of Rationale in Refusal of Take-home Naloxone by Veterans at Risk for Opioid Overdose in the Primary Care Setting”

These four posters will be recognizable during the poster sessions with a sash indicating that they are a **Foundation Grant Recipient**. Additionally, all four will be highlighted at the Foundation booth. We encourage you to visit these poster presenters while attending CPNP 2016.

CPNP Foundation Strategic Goals Award Finalists

CPNP 2016 will be the first year for the Foundation's Strategic Goals Award to be offered. To be considered, abstracts must address stigma associated with psychiatric disorders or comprehensive medication management as a best practice. The two finalist for this award are:

- **Natalie Valentino, PharmD**, Pharmacy Resident, Salt Lake City VAHCS, Salt Lake City, UT
Assessment of Rationale in Refusal of Take-home Naloxone by Veterans at Risk for Opioid Overdose in the Primary Care Setting
- **Victoria Seaton, PharmD**, UAMS College of Pharmacy Assistant Professor, University of Arkansas for Medical Sciences, Fayetteville, AR
Student Pharmacists' Social Distancing Towards People with Mental Health

Award finalists will present their abstracts during the platform presentations on Monday, April 18, at CPNP 2016. Winners for all categories will be announced during the Poster Session on Monday evening.

DONOR PROFILE: JOAN (JONI) FOWLER, PHARM D, BCPP

CPNP Foundation enjoys recognizing donors who exemplify the values of the Foundation through their dedication to evidence-based care, commitment to meeting the needs of patients living with psychiatric and neurologic disorders and their families, and through their sustained support. In this issue of Kaleidoscope, we feature Dr. Joan (Joni) Fowler. The CPNP Foundation Board of Directors sincerely thanks Dr. Fowler for her ongoing commitment to the Foundation's mission.



*Joan (Joni) Fowler,
PharmD, BCPP*

Dr. Fowler is President and Owner of Creative Educational Concepts, Inc. She received her Bachelor of Science in Chemistry degree from Tennessee Technological University and her Doctor of Pharmacy degree from the University of Tennessee. She has over ten years of experience in direct patient care in the Veterans Affairs system in Memphis and Lexington, where she provided education to practitioners on new medications, devices, and procedures in the geriatric and psychiatric population in order to efficiently improve patient care. In 2000, she formed a private corporation that develops educational design, innovative delivery formats, and clinical content for all healthcare audiences on a wide variety of topics, including neurology, psychiatry, cardiology, asthma/COPD, and oncology.

When asked what led her to pursue neuropsychiatric pharmacy as a career, she stated that as a PharmD student she worked at the VAMC in Memphis, TN. She was comfortable in that setting and felt a sense of purpose serving the veteran population. She said "I valued the neuropsychiatric clinical mentoring of Dr. Barbara Wells (at that time a faculty member at University of Tennessee) and others in this therapeutic area. I enjoyed working with veterans so much, I took one of the initial clinical positions at the Lexington VA and expanded into psychiatry after establishing the geriatric pharmacy practice at that facility."

When discussing the Foundation's initiatives and which one most motivates her, she said "All of the work of the CPNP Foundation is important. Reducing stigma is critical to ensuring access to care. I particularly appreciate the effort to support students and those who are in early stages of practice as I recall the struggle to attend national meetings and the invaluable networking I experienced once there."

In discussing why she financially supports the Foundation, she reminisced about her past. She said “I sat for the BCPP exam at its first offering in 1996. It was a lonely existence at that point with few other psychiatric pharmacy specialists in my whole state. The colleagues and network I found in CPNP were tremendously helpful to me to ensure I was optimizing my role to the fullest, providing excellent clinical care, and helping to share cutting-edge psychopharmacology with my mental health colleagues.”

Dr. Fowler is passionate about CPNP Foundation, stating “In order for CPNP to maintain a strong presence, the CPNP Foundation must become strong and create a legacy for those who come behind us. If everyone in the BCPP Class of 1996 would make an estate gift (large or small), it would ensure viability for the next generation of neuropsychiatric pharmacy specialists.”

CPNP FOUNDATION ANNOUNCES ELECTION OF NEW BOARD MEMBERS

Matthew Fuller, PharmD, FASHP, BCPP

CPNP Foundation President

The CPNP Foundation Board of Directors has elected four individuals to serve three-year terms on the Foundation Board. The new Board members are Drs. Sarah E. Grady, Rex S. Lott, Gene H. Makela, and Carol A. Ott.

The affiliations of the new Board members are:

- Sarah E. Grady, PharmD, BCPP, BCPS, Clinical Associate Professor, Drake University, Des Moines, IA.
- Rex S. Lott, PharmD, BCPP, Professor of Pharmacy Practice, Idaho State University - College of Pharmacy, Boise, ID.
- Gene H. Makela, PharmD, BCPP, Clinical Pharmacist Specialist, Mental Health, Asheville VA Medical Center, Asheville, NC.
- Carol A. Ott, PharmD, BCPP, Clinical Associate Professor of Pharmacy Practice, Purdue University College of Pharmacy, Indianapolis, IN.

These individuals and all Foundation Board members commit to support the Foundation and advance its mission by being alert for new opportunities, assisting in capitalizing on those opportunities, providing advice and counsel, facilitating connections and collaborations, and by serving on planning and implementation work groups to advance the purpose, initiatives, and objectives of the Foundation.

Drs. Grady, Lott, Makela, and Ott join current Board members as follows:

- Steven M. Burghart, DPh, MBA, BCPP, Director of Pharmacy, Rolling Hills Hospital, Franklin, TN.
- Judy Curtis, PharmD, BCPP, FASHP, Director, Medical Science Liaison, Sunovion, Baltimore, MD.
- Patrick Finley, PharmD, BCPP, Professor of Clinical Pharmacy, University of California San Francisco School of Pharmacy, San Francisco, CA.
- Matthew A. Fuller, PharmD, FASHP, BCPP, Clinical Pharmacy Specialist in Psychiatry, Louis Stokes Cleveland Veteran’s Administration Medical Center, Cleveland, OH.
- Jerry R. McKee, PharmD, MS, BCPP, Regional Dean, Wingate University – Hendersonville School of Pharmacy, Hendersonville, NC.
- Dean M. Najarian, PharmD, BCPP, Janssen Scientific Affairs, Medical Science Liaison, Wrentham, MA.

- Stephen R. Saklad, PharmD, BCPP, Director of Psychiatric Pharmacy Program, The University of Texas at Austin College of Pharmacy and San Antonio State Hospital, San Antonio, TX.
- Brenda K. Schimenti, Executive Director, College of Psychiatric and Neurologic Pharmacists and College of Psychiatric and Neurologic Pharmacists Foundation, Lincoln, NE.
- Roger W. Sommi, PharmD, BCPP, FCCP, Professor of Pharmacy and Psychiatry, University of Missouri – Kansas City School of Pharmacy, Kansas City, MO.
- Michael Z. Wincor, PharmD, BCPP, Associate Professor of Clinical Pharmacy and Associate Dean for Global Initiatives and Technology in the School of Pharmacy, University of Southern California (USC) and Associate Professor of Psychiatry and the Behavioral Sciences in the Keck School of Medicine of USC, Los Angeles, CA.

2015 CPNP FOUNDATION DONORS

CPNP Foundation wishes to thank its generous donors for 2015. Log into the CPNP Foundation website to join the ranks as a CPNP Foundation Donor.

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